



You ready?

Your next team challenge awaits
October 29 to December 9, 2018

Before you hibernate for winter

It's time to push yourself and your Aetna Get ActiveSM teammates to create some healthy habits. And to get a jump start on your health and well-being before the holidays and cold weather arrive.

During this Fit and Festive challenge, you'll add exercising, eating better and managing stress to your healthy habits list. And beating the competition will just be an added bonus.

Just visit your Aetna Get Active account to sign up:
join.virginpulse.com/aetnagetactive.

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